



Portcullis

Newsletter of the Barony of Brendoken
Volume VIII - Issue 2- March 2009



Greetings to the populace of Brendoken. We would like to thank everyone who attended Masque of Courtley Love on the 21st. It was great to see so many of our friends and family there to make our Investiture such a memorable day. We are a bit overwhelmed by the love and support shown to us by the Brendoken populace. It will be our great honor to serve you for the next five years. To the event staff, "HOObAH". You did an outstanding job culminating with a feast that we will not soon forget. Thank you once again to everyone who made it such a special day for us.

A few special thanks that we would like to address: To the Marche of Alderford; for the replica Viking Longship that was presented to us at Catriona and Alexander's last Baronial Court. "Deliver us oh Lord from the fury of the Northmen!" That cry was heard from the Isle of Eire to the Mediterranean sea and every coast line in between. Such a gift is a beautiful testament to my husband's seafaring brothers. To the March of Three Towers; for the wonderful gift of largess to distribute from our hands. It will mean so much to know that our first Baronial "Wubbie" will be of gifts made from our populace's hands.

We look forward to serving such outstanding citizens of the Midrealm.

In Service,
Einar and Maerwynn
Baron and Baroness of Brendoken

Brendoken Business Meeting February 1, 2009

Attendance: 15

I. Officers

- A. Baron
 - 1. Not keeping track of the days, but less than a month to go
- B. Baroness
 - 1. Inventory is done with the help of Lady Michele
 - 2. Copies presented to Exchequer, Chamberlain and B&B's to be
- C. Seneschal
 - 1. Domesday in
 - 2. Deputy needed
- D. Exchequer
 - 1. Lord Fohl Dubh has received an actual paper warrant as the Baronial Exchequer!
 - 2. There is \$1984.29 in the checking account
 - 3. Domesday Report is ready to be signed and shipped out
 - a. The Kingdom Exchequer is aware and okay with the delay.
 - 4. The rental check for the meeting site was sent in January 27.
- E. Herald
 - 1. The Domesday is late but is now done
 - 2. Corrections were sent to the Kingdom OP
 - 3. Updates of the Baronial OP were sent to the web-mistress
- F. Chronicler
 - 1. New issue of the Portcullis is available
 - 2. Corrections need to be made to the Exchequer's contact information
 - 3. Please keep sending in articles for the Portcullis
- G. Chamberlain
 - 1. Helped with the inventory for the outgoing Baroness
 - 2. Is willing to help out the new Head Chamberlain for Einar and Maerwynn
- H. Chief page
 - 1. Rebecca of Thistle regrets that she must step down from this position as she is planning a college career
 - 2. New B&B will fill this position at a later date

II. Groups

- A. Alderford
 - 1. Masque schedule of the day is still uncertain
 - a. Looking for a thrown weapons marshal
 - b. Heated garage for outdoor activities
 - 2. Kingdom law states that fees for children 5 and under will be free and those fees of children 6-12 are 1/2 the adult price.
 - 3. Northern Oaken A&S Regional Faire is being hosted on March 28
 - a. There will be Rapier activities at the Faire
 - b. Gentles are urged to participate by entering items in the Faire
- B. Gwyntarian
 - 1. Hosting a Regional Unbelt Practice on February 12
 - 2. Syr Kyppon is teaching a class on Recruitment on Sunday, February 22
 - a. Check for details on the Atrium
 - 3. March 31 is a Boy Scout demo
 - 4. Goodyear Library demo was cancelled as it was on the same date as the Masque event

C. Thistle

1. Lord Gabriel Baum is the new seneschal
2. He invites everyone to come visit their meetings
3. They have more new members and are growing
4. Mihajlo of Nerche encourages people to consider doing combat archery at the upcoming Pennsic War

D. Three Towers

1. Cook Symposium on March 14, 2009, is looking for teachers on both cooking and non-cooking topics
 - a. Bardic activities are sought
 - b. The church has more land, so thrown weapons and archery may be done
2. The three day camping event Encampment has been cancelled due to an increase in rental
 - a. The day, June 20, 2009, will be kept
 - b. A one day event is tentatively planned
3. It was suggested to use the online Face Book to publicize events

III. Old Business

A. Quina: April 29, 2009

1. 29 pre-registrations
2. Venders list is full
3. Teachers and band in place
4. Information is on Brendoken Web site and on her personal website
5. It will be linked on the Kingdom calendar ASAP
6. Money is due for the site on March 15th and money is needed by the feastocrat
7. It is a BONE DRY site- no alcohol
8. Well known Middle Eastern dance instructors and musicians will teach
9. The class list has recently been finalized

B. Investiture: February 21, 2009

1. Maerwynn needs help sewing garb. Contact her if you can help

C. Brendokenfest: April 25

1. Lord Giles had a feast budget which he proposed to the group
 - a. Maistor Iustinos, autocrat of the event, was called on speaker phone to be part of the discussion
 - b. Lady Faileann moved to accept Lord Giles budget, Lord Gabriel seconded the motion,
 - c. The motion carried
2. Lady Bekea asked about the flyers, as she would like to place one in her veterinarian's office.

IV. New Business

A. Lady Bekea is making cloth carriers for the Baronial seats

B. Pennsic Fighter's Café

1. Lord Giles has begun discussions with the incoming B&B
2. Question: Do we want Giles's beef jerky? YES!!!!
3. Discussion on item, grapes or oranges, dill pickles, possibly hard boiled eggs as well as the beef jerky

C. Discussion of fundraising to support the Baroness Tea and B&B luncheon at Melee at Roswell,

1. Tea needs about \$150
2. Luncheon needs about \$50

D. Discussion of Baronial Encampment at Pennsic

1. New B&B to be in the encampment
2. Lord Gabriel asked and accepted job as camp master, Mihajlo of Nerche is his deputy
3. Tuesday of War Week will continue to be the date for the Baronial Revel/Court
4. The Brendoken Blades are discussing the idea to offer their services for set up and tear down as a fund raiser

The Squire and the Apprentice:

A Filk Song for the SCA

(Tune: "The Farmer and the Cowman" from *Oklahoma!*)

By Ursula the Widow

Oh, the Squire and the Apprentice should be friends,
Oh, the Squire and the Apprentice should be friends,
One man likes to hack and cleave
The other makes embroidered sleeves,
But that's no reason why they can't be friends.

I'd like to say a word for the Squire:
He's not a demon who belongs in Hades.
The knights will praise his virtue
And tell you how he'll hurt you
But notice they don't let him near their ladies!

Oh, the Squire and the Apprentice should be friends,
Oh, the Squire and the Apprentice should be friends,
One man makes you quake with fear
The other cheers you up with beer
But that's no reason why they can't be friends.

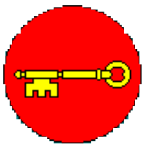
Scadian folks are always courteous
Scadian folks are brothers all
Warriors triumph on the list field
Minstrels tell it all in the hall!

I'd like to speak up for the Apprentice:
Her life's not a parade with four white horses.
She sweats for days on end
Her Laurel's shoes to mend –
It's so hard to find period cobbling sources!

Oh, the Squire and the Apprentice should be friends,
Oh, the Squire and the Apprentice should be friends,
One man battles all day long
The other sings a three-hour song
But that's no reason why they can't be friends.

The Squire should get along with the Apprentice,
Although they don't have quite the same perspective.
You dream of chivalry?
Well, so, my friend, does he –
So don't go hurling axes or invective!
(Repeat first chorus)





From the Seneschal

Unto the populace of Brendoken doth Giles fitz Alan send greetings:

Well it's time to think of that latest A&S project. North Oaken Regional A&S Fair is less than a month away, and it's close this year. Put the finishing touches on that project, get the documentation together, and get it to the fair in Alderford on March 28. Even if you don't feel that you have anything to enter, go out and see what the region has to offer in the arts and sciences. Remember if you're a little timid about entering pieces for judging, there is always the 'for comment only' option. This lets you display your piece without the anxiety of it's being judged. Share your work with the populace of the region; come out and show everyone what Brendoken has to offer the A&S community.

THL Giles fitz Alan
Seneschal Brendoken



Come artists and artisans! Come scribes and scholars!

Share the fruits of your winter labors as the Marche of Alderford presents The Northern Oaken Regional Arts & Science Faire Saturday March 28, 2009 at the First Church of the Resurrection, 901 East Tuscarawas Street in Canton Ohio.

The doors will open at 9:00 A.M. and the site closes at 6:00 P.M. There will be Classes, Merchants, a Populace Lounge, and an Outdoor Rapier Demo for your amusement.

The site is BONE DRY. Therefore, the B&V judging will be held off site. If entering B&V please inform the Autocrat by March 9 so that arrangements can be made.

There will be a lunch tavern at this event.

Pre-Registration:
Mardoll Villhelmsdotter
(Cynthia David)
709 33rd St NE
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as-faire-troll@alderford.org

Autocrat Clíodhna of Scoon (Katie Nolen) celtigirl@sbcglobal.net
CoAutocrat Francesca di Onoratti (Norma Storms) seneschal@alderford.org

<http://www.alderford.org/events/as-faire2009>

Credits:

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From Lady Brighids Kitchen

By Lady Brighid Breatnach

Several years ago, I toyed with the idea of making nougat and decided it looked too complicated. Imagine my surprise when I found recipes for what appears to be nougat in the “Anonymous Andalusian Cook Book.” I decided that if they could do it in their medieval kitchens, it surely wasn’t as difficult as I thought. While it is not difficult it does seem to require two pairs of hands (or a stand mixer.)

RECIPE FOR MU’AQQAD (NOUGAT) OF SUGAR

Dissolve a ratl of sugar in two ratls of aromatic rosewater on a moderate fire, and when it is dissolved, strain it through a woolen cloth. Then return it to the fire and stir it gently until it is well cooked. Then remove it from the fire so that it cools slightly. Beat the whites of a dozen eggs in a dish until they give up their foam, and throw them on the melted sugar. Return it to the fire and beat it with the confectionery cane [‘asab hulwâ: evidently a candy-making utensil] until it whitens and takes the consistency of ‘asîda[75] and remove it from the fire and put in half a ratl of pistachios, if possible, and half a ratl of peeled almonds, and serve it forth, God willing. (An Anonymouse Andalusian Cook Book)

Nougat

2 c sugar 3 egg whites
1 c corn syrup 2 c nuts
1/2 c water 1/2 tsp vanilla
1/4 tsp almond extract

Butter an 8 inch square pan. Boil sugar, honey and water stirring only until sugar melts. Heat to 268° forms soft threads in cold water. Pour syrup slowly over well-beaten egg whites, continuously beating. When all is combined add extracts and nuts, continue stirring with a spoon until mixture just begins to cool. Pour into prepared pan. Let sit overnight.
Turn out of pan and cut into pieces.

MU’AQQAD OF HONEY

Put a kail of comb honey on a moderate fire until it dissolves, then strain it and return it to the fire. Then beat the whites of twenty-five eggs, if comb honey, and thirty if not, and throw them into the honey. Beat the mixture with a confectionery cane until it whitens and thickens. Then throw in a ratl of peeled almonds and serve it, God willing. (An Anonymouse Andalusian Cook Book)

Honey Divinity

2 cups granulated cane sugar
1/3 cup honey
1/3 cup water
2 egg whites
1/2 cup chopped nut meats

Boil sugar, honey and water stirring only until sugar melts.
Heat until syrup spins a thread - 278°
Pour syrup slowly over well-beaten egg whites, continuously beating.
When mixture crystallizes, drop with spoon on wax paper.

Their Most Excellent Einar and Maerwynn, Baron and Baroness of Brendoken



Nappy 5th Birthday to the Barony of Brendoken!



UPCOMING EVENTS

March 2009

- 1- Baronial Meeting- 4-6pm
Smithville, OH
- 7 Winter Dance and Game Revel
Eastwatch, Fairport Harbor,
OH
- 14- Oaken Regional Cook's Symp III
Three Towers, Mansfield, OH
- 28 Northern Oaken A&S Faire
Alderford, Canton, OH

April 2009

- 5- Baronial Meeting- 4-6pm
Smithville, OH
- 4- Qaina -Middle Eastern Dance
& Music Event
Brendoken, Akron, OH
- 18- Mugmort Melees IV
Mugmort, Circleville, OH
- 25- Brendokenfest
Brendoken, Dover, OH
- 25- Spring RUM
Narrental, Peru, IN

May 2009

- 2- The Coronation of
EikBrandr and Runa
Cleftlands, Cleveland, OH
- 8-10- Baron Wars
Marche of the Marshes,
Perrysburg, OH]
- 29-30- Iron Weasel
Eastwatch, Burton, OH

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